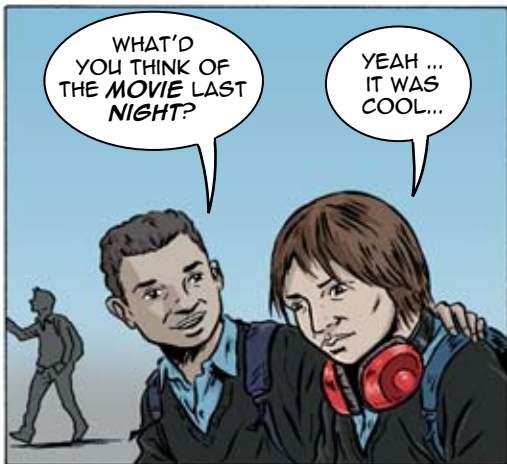


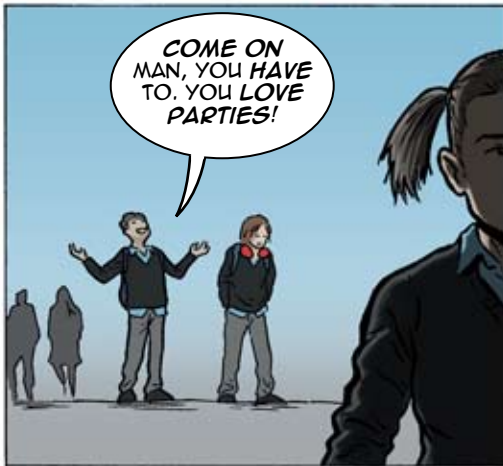
# A CHOICE



ILLUSTRATED BY ANT SANG

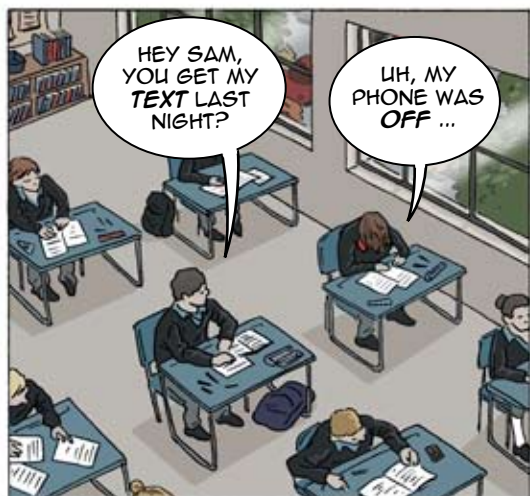






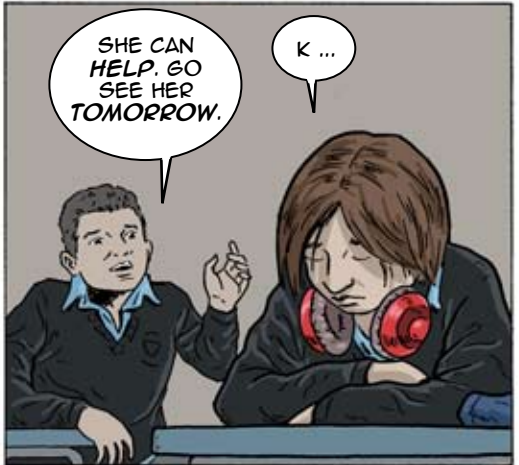












IF YOU CHOOSE FOR SAM TO AVOID THE GUIDANCE COUNSELLOR, GO TO PAGE 9.  
 IF YOU CHOOSE FOR SAM TO SEEK HELP FROM THE GUIDANCE COUNSELLOR, GO TO PAGE 12.

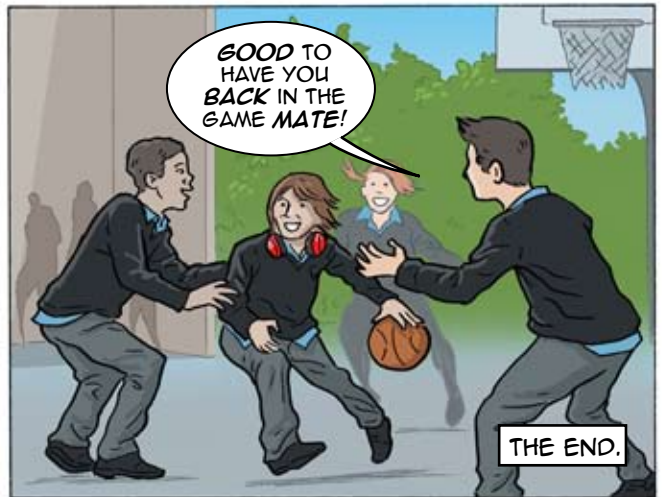












# A CHOICE

Life has ups and downs.  
These are different for everybody, but in those ups  
and downs, you always have choices.

This story explores A Choice.

## *Need Help?*

It may not be a guidance counsellor at your school, you can talk to  
anyone you trust. Or these numbers might help.

Youthline – 0800 376 633  
The Low Down – text 5626  
Lifeline – 0800 543 354  
Suicide Prevention Helpline – 0508 828 865

## *Credits*

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